



MORNING & SHAKYAMUNI BUDDHA PRAYERS

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Praises to the Eight Noble Auspicious Ones

P'hag-Pa Tra-Shi Gyed-Pa'i Tsig-Su Ched-Pa Zhug-So
It is very important to recite this through once before beginning any activity. Whatever project, it will work out exactly as you wish.

OM! Homage to the Buddha, Dharma and Noble Sangha; and all that dwell in the auspicious realms of the ten directions, where all appearance and existence is completely pure, its nature spontaneously perfect; may all be auspicious for us!

Bless us Dronmey Gyalpo, Tsalten Dondrub, Jampa'i Gyenpal, and Gedrag Paldampa. Gyacher Dragpa, who loves all sentient beings; Tsaldrag Pal, whose compassion is as high as Mount Sumeru; Drag-Pa'i Pal, who cares for everyone, and Tsal-Rab Drag-Pal, who brings satisfaction to all beings; just hearing your names increases glory, auspiciousness and success! We pay homage to these Eight Sugatas!

The youthful Manjushri, glorious Vajrapani, Avalokiteshvara, Lord Maitreya, Kshitigarbha, Nivaranaviskambin, Akashagarbha, and the most noble Samantabhadra:

Homage to these Eight Bodhisattvas, who are supreme in granting auspiciousness and success; gracefully holding your emblems: the utpala flower, vajra, white lotus, naga-tree, wish-fulfill jewel, moon, sword, and sun!

Making offerings to the Buddhas of all directions and the times are the goddesses, the 'creators of delight,'



Holding the eight sublime emblems: the precious umbrella, the auspicious golden fishes, the wish-fulfilling vase of goodness, the exquisite kamala flowers, the conch of fame and glory, the excellent knot of prosperity, the eternal banner of victory, and the all-powerful wheel;

Homage to these Eight Auspicious Goddesses: Beauty, Garland, Song, Dance, Flowers, Incense, Light and Perfume! Just thinking of your essential qualities makes success grow more and more!

The great Brahma, Shiva, Vishnu, and Indra; the Kings of the Four Directions: Dhritirashtra, Virudhaka, Virupaksha, the Lord of Nagas; and Vaishramana - each one holding your divine emblem: the wheel, trident, conch shell, vajra, vana, sword, stupa and banner of victory!

I pay homage to the Eight Guardians of the World who make auspiciousness and prosperity grow in the three realms!

* With all obstacles and harmful influences pacified, may the work we are now about to begin meet with ever growing fulfilment and success, and bring good fortune, prosperity, happiness and peace for all!

(* Recite the last verse 3 times)

If you recite this when you arise, you will accomplish all your aims for that day. If you recite this when you go to sleep, you will experience excellent dreams. If you recite this when you go to war, you will be victorious. If you recite this when you begin an activity, what you wish for will increase. If you recite this daily, longevity, glory, fame, prosperity, auspiciousness, happiness, and excellence will all be accomplished abundantly in accordance with your



wishes. All harmful actions and obscurations will be purified. Both the higher realms and the excellent Buddhahood – all aims will be accomplished. This was said by the supreme victor. This was written on the 3rd day of the 3rd month, a Sunday, in the year of the fire monkey. This rose out of the vast mind of Jampal Gyewa'i Dorje (Mip'ham Rinpoche 1846-1912). at an auspicious moment. And it is called the Great Garland of Jewels.

Translate into English in 2007 by Archarya Dawa Chhodak Rinpoche and Kunzang Dechen Chodron.

Praises to the Eight Noble Auspicious Ones (Tibetan)

Om!

Nang-Si	Nam-Dag	Rang-Zin	Lhun-Drub	Pe
Ta-shi	Chog Chu	Zhing-Na	Zug-Pa	Yi
Sang-Gye	Cho-Dang	Ge-Dun	Phag-Pay	Tsog
Kun-La	Chag-Tsal	Dag-Chag	Ta-Shi	Shog
Drön-Me	Gyal-Po	Tsal-Den	Dön-Drub	Gong
Jam-Pe	Gyen-Pal	Ge-Drag	Pal-Dam	Pa
Kun-La	Gong-Pa	Gya-Cher	Drag-Pa	Chen
Lhun-po	Tar-Pag	Tsal-Drag	Pal-Dang	Ni
Sem-Chen	Tam-Che	La-Gong	Drag-Pe	Pal
Yi-Tsim	Dze-Pa	Tsal-Rab	Drag-Pal	Te
Tsen-Tsam	Tho-Pay	Ta-Shi	Pal-Phel	Wa
De-War	Sheg-Pa	Gye-La	Chag-Tsal	Lo
Jam-Pal	Shö-Nu	Pal-Den	Dor-Je	Dzin
Chen-Re	Zig-Wang	Gon-Po	Jam-Pay	Pal
Sa-Yi	Nying-Po	Drib-Pa	Nam-Par	Sel
Nam-Khai	Nying-Po	Pag-Chog	Kun-Tu	Zang



<i>Ut-Pal</i>	<i>Dor-je</i>	<i>Pe-Kar</i>	<i>Lu-Shing</i>	<i>Dang</i>
<i>Nor-Bu</i>	<i>Da-Wa</i>	<i>Ral-Dri</i>	<i>Nyi-Ma</i>	<i>Yi</i>
<i>Chag-Tsen</i>	<i>Leg-Nam</i>	<i>Ta-Shi</i>	<i>Pal-Gyi</i>	<i>Chog</i>
<i>Chang-Chub</i>	<i>Sem-Pa</i>	<i>Gyed-La</i>	<i>Chag-Tsal</i>	<i>Lo</i>
<i>Rin-Chen</i>	<i>Dug-Chog</i>	<i>Ta-Shi</i>	<i>Ser-Gyi</i>	<i>Nya</i>
<i>Do-Jung</i>	<i>Bum-Zang</i>	<i>Yid-Ong</i>	<i>Ka-Ma</i>	<i>La</i>
<i>Nyen-Drag</i>	<i>Dung-Dang</i>	<i>Phun-Tsog</i>	<i>Pal-Be</i>	<i>U</i>
<i>Mi-Nub</i>	<i>Gyal-Tsen</i>	<i>Wang-Gyur</i>	<i>Khor-Lo</i>	<i>Te</i>
<i>Rin-Chen</i>	<i>Tag-Chog</i>	<i>Gye-Kyi</i>	<i>Chag-Tsen</i>	<i>Chen</i>
<i>Cho-Du</i>	<i>Gyal-Wa</i>	<i>Chod-Ching</i>	<i>Gye-Kye</i>	<i>Ma</i>
<i>Geg-Sog</i>	<i>Ngo-Wo</i>	<i>Dren-Pe</i>	<i>Pal-Pel</i>	<i>Way</i>
<i>Ta-Shi</i>	<i>Lha-Mo</i>	<i>Gye-La</i>	<i>Chag-Tsal</i>	<i>Lo</i>
<i>Tsang-Pa</i>	<i>Chen-Po</i>	<i>De-Jung</i>	<i>Sed-Med</i>	<i>Bu</i>
<i>Mig-Tong</i>	<i>Den-Dang</i>	<i>Gyal-Po</i>	<i>Yul-Khor</i>	<i>Sung</i>
<i>Phag-Kye</i>	<i>Po-Dang</i>	<i>Lu-Wang</i>	<i>Mig-Mi</i>	<i>Zang</i>
<i>Nam-Tho</i>	<i>Say-Te</i>	<i>Lha-Ze</i>	<i>Khor-Lo</i>	<i>Dang</i>
<i>Tri-Shu</i>	<i>La-Dang</i>	<i>Dung-Thung</i>	<i>Dor-Je</i>	<i>Chen</i>
<i>Pi-Wam</i>	<i>Ral-Dri</i>	<i>Chod-Ten</i>	<i>Gyal-Tsen</i>	<i>Zin</i>
<i>Sa-Sum</i>	<i>Ne-Su</i>	<i>Ge-Leg</i>	<i>Ta-Shi</i>	<i>Pel</i>
<i>Jig-Ten</i>	<i>Kyong-Wa</i>	<i>Gye-La</i>	<i>Chag-Tsal</i>	<i>Lo</i>
<i>*Dag-Chag</i>	<i>Deng-Dir</i>	<i>Cha-Wa</i>	<i>Tsom-Pa</i>	<i>La</i>
<i>Geg-Dang</i>	<i>Nye-War</i>	<i>Tse-Wa</i>	<i>Kun-Shi</i>	<i>Nay</i>
<i>Dö-Don</i>	<i>Pal-Phel</i>	<i>Sam-Don</i>	<i>Yi-Zhin</i>	<i>Drub</i>
<i>Ta-Shi</i>	<i>De-Leg</i>	<i>Pun-Sum</i>	<i>Tsog-Par</i>	<i>Shog!</i>

(* Recite the last verse 3 times)



The Great Cloud of Blessings

The Prayer which Magnetizes All that Appears and Exists
by Mipham Rinpoche

Om Ah Hung Hrih!

In the palace of power, the blazing of great bliss,
Are the embodiments of the wisdom of discernment, union
of bliss and emptiness: Each on a lotus, its nature bliss free
from all attachment,

And the splendour of a great, illuminating vajra sun—
Dharmakaya Amitabha and Vajradharma, Avalokiteshvara,
Lord of the World, the very
manifestation of compassion, Pema Gyalpo, all of samsara
and nirvana beneath your control, Powerful heruka
Hayagriva, subjugator of all that appears and exists,

‘Secret Wisdom’ (Guhyajnana) and Vajravarahi, Döpé
Gyalpo, King of Desire, ecstasy supreme, source of the
wisdom of great bliss, Kurukulla, who captivates the mind of
every living being without exception, Masters and
mistresses of supreme and ordinary mudras, dancing in
bliss and emptiness,

Hosts of vajra dakas and dakinis attract and magnetize!
Remaining always within the state of great equality of
appearance and emptiness, With the dance of your vajra
body, you cause the three planes of existence to tremble;
With the sound of your laughter, your unceasing
enlightened speech, you draw in the three worlds;

Rays of red light burst out to fill all of samsara and nirvana,
And cause the vital essence of conditioned existence and



ultimate peace to vibrate and be gathered in.

With your enlightened mind of great vajra passion, You grant the supreme of all things desired—the two kinds of siddhis; And with your great vajra hooks and lassoes You bind the world of appearance and existence in great bliss.

Dancers in the play of the limitless net of illusion,
Who fill space to overflowing, like a vast outpouring of sesame seeds,

*Vast array of the Three Roots, hosts of magnetizing deities, In devotion we pray to you: inspire us with your blessings, Grant us attainments, ordinary and supreme, and so the siddhi of magnetizing, without obstruction, whatever we desire!

(* Recite the last verse 3 times)

The Great Cloud of Blessings *(Tibetan)*

Om Ah Hung Hrih!

<i>De-Chen</i>	<i>Bar-Wa</i>	<i>Wang-Gi</i>	<i>Pho-Drang</i>	<i>Du</i>
<i>De-Tong</i>	<i>So-Sor</i>	<i>Tog-Pay</i>	<i>Ye-She</i>	<i>Ku</i>
<i>Ma-Chag</i>	<i>De-Dhen</i>	<i>Pad-May</i>	<i>Rang-Shen</i>	<i>Lay</i>
<i>Dor -Je</i>	<i>Nyi-Ma</i>	<i>Nang-Wa</i>	<i>Chen-Po</i>	<i>Pal</i>

<i>Choe-Ku</i>	<i>Nang-Wa</i>	<i>Tha-Yay</i>	<i>Dor-Je</i>	<i>Cho</i>
<i>Jig-Ten</i>	<i>Wang-Chuk</i>	<i>Tug-Jey</i>	<i>Jey-Chug</i>	<i>Shug</i>
<i>Pad-Ma</i>	<i>Gyal-Po</i>	<i>Khor-Dhey</i>	<i>Nga-Wang</i>	<i>Gyur</i>
<i>Nang-Sid</i>	<i>Sil-Nöan</i>	<i>Wang-Chen</i>	<i>Hey-Ru</i>	<i>Ka</i>



<i>Sang-Wa</i>	<i>Ye-She</i>	<i>Ben-Dza</i>	<i>Wa-Ra</i>	<i>He</i>
<i>Den-Chog</i>	<i>Dhod-Pae</i>	<i>Gyal-Po</i>	<i>Dhe-Chen</i>	<i>Ter</i>
<i>Ma-Lue</i>	<i>Kya-Gue</i>	<i>Yid-Trog</i>	<i>Rig-Jed</i>	<i>Ma</i>
<i>Chog-Thun</i>	<i>Chag-Gyae</i>	<i>Wang-Chug</i>	<i>Dhe-Tong</i>	<i>Gar</i>
<i>Wang-Zed</i>	<i>Dor-Je</i>	<i>Pa-Wo</i>	<i>Da-Kye</i>	<i>Tsog</i>
<i>Nang-Tong</i>	<i>Nyam-Pa</i>	<i>Chen-Poe</i>	<i>Ngang-Nyid</i>	<i>Du</i>
<i>Dor-je</i>	<i>Ku-Yi</i>	<i>Gar-Gyi</i>	<i>Sid-Sum</i>	<i>Yo</i>
<i>Gag-May</i>	<i>Sung-Gi</i>	<i>Shad-Dray</i>	<i>Kham-Sum</i>	<i>Gug</i>
<i>Wo-Ser</i>	<i>Mar-Poe</i>	<i>Khor-Dhay</i>	<i>Yong-La</i>	<i>Kyab</i>
<i>Si-She</i>	<i>Dang-Chud</i>	<i>Yo-Shing</i>	<i>Dhud-Par</i>	<i>Jed</i>
<i>Dor-Je</i>	<i>Chag-Pa</i>	<i>Chen-Poe</i>	<i>Thug-Kyi</i>	<i>Ni</i>
<i>Nam-Nyi</i>	<i>Ngo-Drup</i>	<i>Dhod-Gue</i>	<i>Chog-Tsol</i>	<i>Shing</i>
<i>Dor-Je</i>	<i>Chag-Kyu</i>	<i>Shag-Pa</i>	<i>Chen-Po</i>	<i>Yi</i>
<i>Nang- Si</i>	<i>De-Wa</i>	<i>Chen-Po</i>	<i>Dhom-Jed</i>	<i>Pa</i>
<i>Tha-Yay</i>	<i>Gyu-Trul</i>	<i>Dra-Way</i>	<i>Rol-Gar</i>	<i>Chen</i>
<i>Til-Gyi</i>	<i>Gong-Pu</i>	<i>Chay-Wa</i>	<i>Shin-Shug</i>	<i>Pe</i>
*				
<i>Rab-Jam</i>	<i>Tsa-Sum</i>	<i>Wang-Gi</i>	<i>Lha-Tsog</i>	<i>La</i>
<i>Gue-Pay</i>	<i>Sol-Wa</i>	<i>Deb-So</i>	<i>Jin-Gyi</i>	<i>Lob</i>
<i>Chog-Thun</i>	<i>Ngo-Drup</i>	<i>Dho-Gue</i>	<i>Pal-Tha</i>	<i>Dak</i>
<i>Thog-Mey</i>	<i>Wang-Du</i>	<i>Jey-Pe</i>	<i>Ngo-Drup-</i>	<i>Tsol</i>

(* Recite the last verse 3 times)



Morning and Shakyamuni Buddha Prayers

Multiplying Virtues Mantra (x 7)

Om Sambhara Sambhara Vimana Sara Maha Java Hung

Om Smara Smara Vimana Sara Maha Java Hung

Mantra to Increase the Merit of Recitation (x 7)

Tadyatha Om Dhare Dhare Ben Dhare Svaha

The Mala Blessing Mantra (x 7)

Om Rucira Mani Pravartaya Hung

Refuge (x 3)

Guru is Buddha

Guru is Dharma

Guru is Sangha also

Guru is the source of all (goodness and happiness).

To all Gurus I go for refuge

<i>La-Ma</i>	<i>Sang-Gye</i>	<i>La-Ma</i>	<i>Cho</i>
<i>Day-Zhin</i>	<i>La-Ma</i>	<i>Gen-Dun</i>	<i>Te</i>
<i>Kun-Gyi</i>	<i>Je-Po</i>	<i>La-Ma</i>	<i>Te</i>
<i>La-Ma</i>	<i>Nam-La</i>	<i>Kyab-Su</i>	<i>Chi</i>

Refuge (x 3)

I take refuge in the Gurus

I take refuge in the Buddhas

I take refuge in the Dharma

I take refuge in the Sangha

Namo Gurubhya

Namo Buddhaya

Namo Dharmaya

Namo Sanghaya



Taking Refuge and Generating Bodhicitta (x 3)

To the Buddha, Dharma and Aryan Sangha, I go for refuge until I am enlightened. By the merit of giving and other perfection's may I attain Buddhahood for the sake of benefiting all mother sentient beings!

<i>Sang-Gye</i>	<i>Cho-Dang</i>	<i>Tsog-Kyi</i>	<i>Chog-Nam</i>	<i>La</i>
<i>Jang-Chub</i>	<i>Bar-Du</i>	<i>Dag-Ni</i>	<i>Kyab-Su</i>	<i>Chi</i>
<i>Dag-Gi</i>	<i>Jin-Sog</i>	<i>Gyi-Pe</i>	<i>So-Nam</i>	<i>Kyi</i>
<i>Dro-La</i>	<i>Pen-Chir</i>	<i>Sang-Gye</i>	<i>Drub-Par</i>	<i>Shog</i>

The Four Immeasurable Thoughts (Short Version)

May all sentient beings achieve extraordinary superior happiness!

May all sentient beings be free from the unbearable sea of suffering!

May all sentient beings never be parted from the bliss of supreme liberation!

May all sentient beings be free of all bias, attachment and anger to near ones and aversion to others!

Sem-Chen Tam-Che Day-Wa-Dang Day-Way-Gyu-Dang Den-Par-Gyur-Chig

Sem-Chen Tam-Che Dug-Ngel-Dang Dug-Ngel- Kyi Gyu-Dang Dral-War Gyur-Chig

Sem-Chen Tam-Che Dug-Ngel May-Pay Day-Wa- Dang Mi-Dral-War Gyur-Chig

Sem-Chen Tam-Che Nye-Ring Chag-Dang Nyi- Dang Dral-Way Dang Nyom-La Nay-Par Gyur- Chig



Aspirational Bodhicitta Prayer

To free all sentient beings from the fears of samsara and nirvana. From now on, until I achieve Buddhahood, I shall maintain the aspiration of Bodhicitta. Never forsaking it even at the cost of my life.

<i>Dro-Kun</i>	<i>Si-Zhi</i>	<i>Jig-Pa</i>	<i>Lay-Drol</i>	<i>Chir</i>
<i>Dzok-Pay</i>	<i>Jang-Chub</i>	<i>Top-Par</i>	<i>Do-Pay</i>	<i>Sem</i>
<i>Deng-Nay</i>	<i>Zung-Te</i>	<i>Sang-Gye</i>	<i>Ma-Top</i>	<i>Bar</i>
<i>Sok-Kyi</i>	<i>Chir-Yang</i>	<i>Mi-Tang</i>	<i>Zung-War</i>	<i>Gyi</i>

Engaging Bodhicitta Prayer (x 3)

Gurus, Conquerors and your children, I request you, “Please listen to me! Just as the Sugatas of the past generated bodhicitta and practised the bodhisattva paths by the stages and abiding in proper places, I too, for the sake of all sentient beings generate bodhicitta and shall practice in proper order, the bodhisattva trainings”

<i>La-Ma</i>	<i>Gyal-Wa</i>	<i>Say-Che</i>	<i>Nam</i>
<i>Dak-La</i>	<i>Gong-Par</i>	<i>Dze-Du</i>	<i>Sol</i>
<i>Ji-Tar</i>	<i>Ngon-Gyi</i>	<i>De-Shek</i>	<i>Kyi</i>
<i>Jang-Chup</i>	<i>Tuk-Ni</i>	<i>Kye-Pa</i>	<i>Dang</i>
<i>Jang-Chup</i>	<i>Sem-Pay</i>	<i>Lap-Pa</i>	<i>La</i>
<i>De-Dak</i>	<i>Rim-Zhin</i>	<i>Ney-Pa</i>	<i>Tar</i>
<i>Dak-Kyang</i>	<i>Dro-La</i>	<i>Pen-Don</i>	<i>Du</i>
<i>Jang-Chup</i>	<i>Sem-Ni</i>	<i>Kye-Gyi</i>	<i>Zhing</i>
<i>Jang-Chup</i>	<i>Sem-Pai</i>	<i>Lap-Pa</i>	<i>La</i>
<i>Rim-Pa</i>	<i>Zhin-Du</i>	<i>Lap-Par</i>	<i>Gyi</i>



Rejoicing and Remembering the Benefit's of Bodhicitta

Now that my life has been given meaning,
This human life has been made worthwhile.
Today, I am born into the family of the Buddha's line;
I have now become a Buddha's child!
From now on, by every possible means I must act in
accordance with this lineage, so that I will never
disgrace this flawless and pure noble lineage!

<i>Deng-Du</i>	<i>Dak-Tse</i>	<i>De-Bu</i>	<i>Yo</i>
<i>Mi-Yi</i>	<i>Si-Pa</i>	<i>Lek-Pa</i>	<i>Top</i>
<i>De-Ring</i>	<i>Sang-Gye</i>	<i>Rig-Su</i>	<i>Kye</i>
<i>Sang-Gye</i>	<i>Say-Su</i>	<i>Da-Gyur</i>	<i>To</i>
<i>Da-Nyi</i>	<i>Dak-Gi</i>	<i>Chi-Ney</i>	<i>Kyang</i>
<i>Rig-Dang</i>	<i>Tun-Pay</i>	<i>Ley-Tsam</i>	<i>Te</i>
<i>Kyon-May</i>	<i>Tsun-Pe</i>	<i>Rik-De</i>	<i>La</i>
<i>Nyok-Par</i>	<i>Mi-Gyur</i>	<i>De-Tar</i>	<i>Ja</i>

Purifying the Place

Om Ah Hung (x 3)

Everywhere may the ground be pure, free of the
roughness of pebbles and so forth. May it be the
nature of lapis lazuli and as smooth as the palm of
one's hand.

<i>Tam-Chay</i>	<i>Du-Ni</i>	<i>Sa-Zhi</i>	<i>Dag</i>
<i>Seg-Ma</i>	<i>La-Sog</i>	<i>May-Pa</i>	<i>Dang</i>
<i>Lag-Til</i>	<i>Tar-Nyam</i>	<i>Bay-Dur</i>	<i>Ye</i>
<i>Rang-Zhin</i>	<i>Jam-Por</i>	<i>Nay-Gyur</i>	<i>Chig</i>





Invocation (Please kneel down and recite three times)

Protector of all beings without exception,
Divine subduer of all negative forces,
Deity, Perfect knower of all things,
Bhagavan and attendants,
Please come before us!

<i>Ma-Lu</i>	<i>Sem-Chen</i>	<i>Kun-Gyi</i>	<i>Gon-Gyur</i>	<i>Chig</i>
<i>Du-Te</i>	<i>Pung-Chay</i>	<i>Mi-Zay</i>	<i>Jom-Dzay</i>	<i>Lha</i>
<i>Ngo-Nam</i>	<i>Ma-Lu</i>	<i>Yang-Dag</i>	<i>Kyen-Gyur</i>	<i>Pay</i>
<i>Chom-Den</i>	<i>Kor-Chay</i>	<i>Nay-Dir</i>	<i>Sheg-Su</i>	<i>Sol</i>

The Seven Limbs Prayer

Reverently I prostrate with my body, speech and mind,
And present clouds of every type of offering, actually
offered and mentally transformed. I confess all my
negative actions accumulated since beginningless
time,

And rejoice in the virtues of all holy and ordinary
beings. Please remain until samsara ends, And turn
the wheel of Dharma for sentient beings. I dedicate all
the virtues of others and myself to the great
enlightenment.

<i>Go-Sum</i>	<i>Gu-Pay</i>	<i>Go-Nay</i>	<i>Chag-Tsal</i>	<i>Lo</i>
<i>Ngo-Sham</i>	<i>Yi-Trul</i>	<i>Cho-Trin</i>	<i>Ma-Lu</i>	<i>Bul</i>
<i>Tog-May</i>	<i>Ne-Sak</i>	<i>Dig-Tung</i>	<i>Tam-Che</i>	<i>Shag</i>
<i>Kye-Par</i>	<i>Gay-Wa</i>	<i>Nam-Lar</i>	<i>Je-Yi</i>	<i>Rang</i>
<i>Kor-Wa</i>	<i>Ma-Tong</i>	<i>Bar-Du</i>	<i>Leg-Zhug</i>	<i>Nay</i>
<i>Dro-Lay</i>	<i>Cho-Kyi</i>	<i>Kor-Lor</i>	<i>Kor-War</i>	<i>Dang</i>
<i>Dag-Zhan</i>	<i>Gay-Nam</i>	<i>Jang-Chub</i>	<i>Chen-Por</i>	<i>Ngo</i>



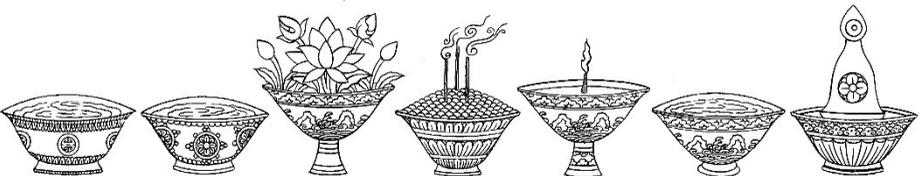
* *The seven limbs are:*

1. *Praise and prostration*
2. *Offerings*
3. *Confession and regret*
4. *Rejoicing*
5. *Requesting the Buddhas to remain*
6. *Requesting to turn the wheel of Dharma*
7. *Dedication*

Offering Prayer

May offering substances human and divine,
Those actually presented here and those,
Emanated and visualized, clouds of offerings of
unsurpassed Samantabhadra qualities fill the entire
space of the ten directions.

<i>Lha-Dang</i>	<i>Mi-Yi</i>	<i>Cho-Pay</i>	<i>Dzay</i>
<i>Ngo-Su</i>	<i>Sham-Dang</i>	<i>Yi-Kyi</i>	<i>Trul</i>
<i>Kun-Zang</i>	<i>Cho-Trin</i>	<i>La-Na</i>	<i>May</i>
<i>Nam-Kay</i>	<i>Kam-Kun</i>	<i>Kyab-Gyur</i>	<i>Chig</i>





**Blessing, Purification and Actual Offering Dharani of
the Offerings** (x 3)

Om Ah Hung

Om Namo Bhagawate

Bendzay Sarwa Parma Dana

Tathagataya Arhate Samyaksam Buddhaya

Tayatha Om Bendzay Bendzay

Maha Bendzay

Maha Tadzya Bendzay

Maha Bidya Bendzay

Maha Bodhicitta Bendzay

Maha Bodhi Mando Pasam Kramana Bendzay

Sarva Karma Avarana Bisho Dana Bendzay Soha

Power of the Truth

Hung!

Through the power of the truth of the Three Jewels,
The power of the inspiration of all Buddhas and
Bodhisattvas,

The power of the unlimited energy of the completed two
collections,

And the power of the intrinsically pure and inconceivable
sphere of reality which is the nature of emptiness,

May these offerings become suchness.



Hung!

Kon-Chog Sum-Gyi Den-Pa Dang

Sang-Gye-Dang Jang-Chub Sem-Pa

Tam-Chay-Kyi Jin-Gyi Lab-Dang

Tsog-Nyi Yong-Su Dzog-Pay

Nga-Tang Chen-Po-Dang

Cho-Kyi Ying-Nam Par-Dag-Ching

Sam-Gyi Mi-Kyab-Pay Tob-Kyi

Day-Zhin Nyi-Du Gyur-Chig





Long Mandala Offering

Om Ah Hung (3 times)

Om Bendza Bhu-Mi Ah-Hung

Om Vajra Ground Ah Hung

Wang-Chen Ser-Gyi Sa-Zhi

Here Is The Mighty And Powerful Base Of Gold

Om Benza Re-Ke Ah-Hung

Om Vajra Fence Ah Hung

Chi-Chag Ri-Kor Yug-Gi Kor-Wai U-Su

The Outer Ring Is Encircled With This Iron Fence

First ring

1. *Ri-Gyäl Po-Ri Rab*

In the centre, the king of mountains, Mount Meru

2. *Shar Lu-Pag-Po*

In the east, the continent Purvavideha

3. *Lho Dzam-Bu-Ling*

In the south, Jambudvipa

4. *Nub Ba-Lang-Chö*

In the west, Aparagodaniya

5. *Jang Dra-Mi-Nyän*

In the north, Uttarakuru

6. *Lu-Dang Lu-Pag*

7. Around the east, the sub-continent Deha and Videha

8. *Nga-Yab-Dang Nga-Yab-Zhän*

9. Around the south, Camara and Aparacamara

10. *Yo-Den-Dang Lam-Chog-Dro*

11. Around the west, Satha and Uttaramantrin

12. *Dra-Mi-Nyen-Dang Dra-Mi-Nyen Gyi Da*

13. Around the north, the sub-continent Kura and Kaurava

14. *Rin-Po-Che Ri-Wo*

In the east is the treasure mountain



15. *Pag Sam-Gyi-Shing*

In the south is the wish-granting tree

16. *Do Jo-I Ba*

In the west is the wish-granting cow

17. *Ma-Mo Pa-I Lo-Tog*

In the north is the harvest that needs no cultivation

Second ring

18. *Kor-Lo Rin-Po Che*

Here is the precious wheel

19. *Nor-Bu Rin-Po Che*

Here is the precious jewel

20. *Tsun-Mo Rin-Po Che*

Here is the precious queen

21. *Lon-Po Rin-Po Che*

Here is the precious minister

22. *Lang-Po Rin-Po Che*

Here is the precious elephant

23. *Ta-Chog Rin-Po Che*

Here is the precious and best of horses

24. *Mag-Pon Rin-Po Che*

Here is the precious general

25. *Ter-Chen Po-i Bum-Pa*

Here is the great treasure vase

Third ring

26. *Geg-Ma*

Here is the goddess of beauty

27. *Treng-Wa-Ma*

Here is the goddess of garlands

28. *Lu-Ma*

Here is the goddess of song



29. *Gar-Ma*

Here is the goddess of dance

30. *Me-Tog-Ma*

Here is the goddess of flowers

31. *Dug-Po-Ma*

Here is the goddess of incense

32. *Nang-Sel-Ma*

Here is the goddess of light

33. *Dri-Chab-Ma*

Here is the goddess of perfume

Top Ring

34. *Nyi-Ma Da-Wa*

35. Here is the sun; Here is the moon

36. *Rin-Po-Che Dug*

Here is the umbrella of all that is precious

37. *Chog-Lay Nam-Par Gyal-Way Gyal-Tsan*

Here is the banner of victory in all directions

U-Su Lha-Dang Mi-I Päl-Jor Pun-Sum Tsog-Pa

Ma-Tsang Wa-Me-Pa

In the centre are all the possessions precious to gods and men.

Tsang-Zhing Yi-Du Wong-Wa Di-Dag

This magnificent collection, lacking in nothing

Drin-Chen Tsa-Way Dang-Gyu-Par Chay Pay

I offer to you, all the holy glorious and kind root

Päl-Den La-Ma Dam-Pa Nam-Dang Kye-Par Du-Yang

and lineage Gurus, and particular to

Nyam-Mey Sha-kya Gyal Poi

Lord Shakyamuni

Lha-Tsog Kor-Dang Chay-Pa

Together with the assembly of Gods



Nam-La Zhing-Kam Ul-War Gyi-Wo

I offer this pure and beautiful collection to you

Tug-Je Dro-Way Dön-Du Zhe-Su-Sol

In your compassion accept what I offer for the sake of all beings

Zhe-Nay Dag-Sog Sem-Chen Tam-Che-La

Having accepted these, to myself and to all beings

Tug-Tse-Wa Chen-Poi Go-Nay Jin-Gyi Lab-Tu Sol

Please grant your blessings through your great compassion.

The short mandala of seven heaps

Sa-Zhi Po-Kyi Jug-Shing Me-Tog-Tram

This ground, anointed with perfume, strewn with flowers,

Ri-Rab Ling-Zhi Nyi-Day Gyen-Pa-Di

Adorned with Mount Meru, four continents, Sun and Moon,

Sang-Gay Zhing-Du Mig-Te Ul-War-Gyi

I offer in visualization as Field of Buddhas.

Dro-Kun Nam-Dag Zhing-La Chö-Par-Shog

May all sentient beings thus enjoy this Pure Land!

Inner mandala

Dag-Gi Chag-Dang Mong-Sum Kye-Pay-Yul

The objects of my attachment, anger and ignorance,

Dra-Nyen Bar-Sum Lu-Dang Long-Cho-Che

My body, my wealth and enjoyments,

Pang-Pa Me-Par Bul-Gyi Leg-Zhe-Nay

Without any sense of loss I offer this collection,

Dug-Sum Rang-Sar Drol-War Jin-Gyi-Lob

Please accept it with pleasure and bless me with freedom from the three poisons.



Request to turn the wheel of Dharma

Je-Tsun La-Ma Dam-Pa Khye-Nam-Kyi

Please, holy perfect, pure gurus,

Cho-Kui Kha-La Khyen-Tsey Chu-Dzin-Trig

From billowed clouds of compassion and wisdom in
the sky of dharmakaya,

Ji-Tar Tsam-Pay Dul-Je Dzin-Ma-La

Make rainfalls of profound and extensive teachings of
whatever is suitable,

Zab-Gye Cho-Kyi Char-Par Wab-Tu-Sol

For the ears of sentient beings who are the objects to
be subdued.

Request for the Lama to remain long

Je-Tsun La-May Ku-Tse Rab-Tan-Ching

May my venerable Guru's life be firm,

Nam-Kar Trin-Lay Chong-Chur Gya-Pa-Dang

His white divine actions spread in the ten directions

Lo-Zang Tan-Pay Dron-Me Sa-Sum-Gyi

And the torch of Losang's teachings,

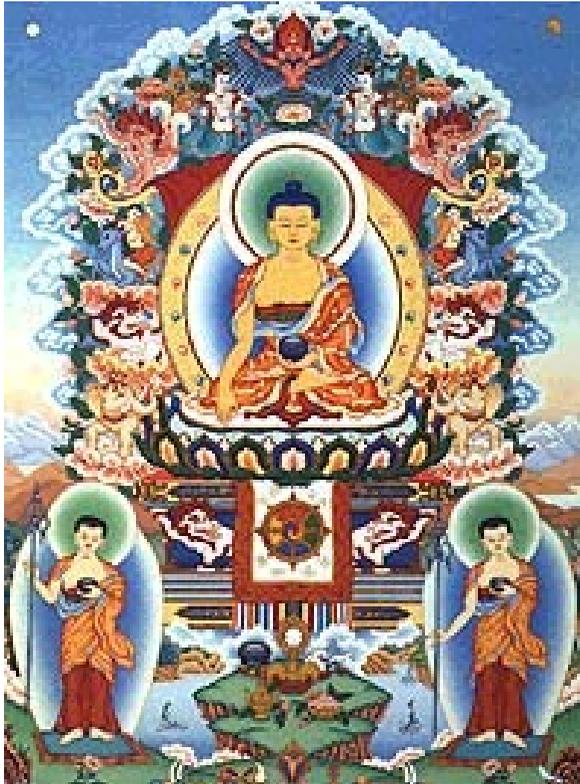
Dro-Wai Mun-Sel Tag-Tu Ney-Gyur-Chig

Dispelling the three world's beings darkness, always
remain.

Om Idam Guru Ratna Mandalakam Nirya Tayami!



Homage to the Buddha (x 3, 7, 21 or 108 times)



Feel divine golden light from the heart of Lord Buddha flowing into you and inspiring oneself as you recite his holy mantra.

To the Guru and founder, the endowed transcendent
destroyer, the one gone beyond, the foe destroyer, the
completely perfected, fully-awakened being,
The glorious conquerors, the subduer from the Shakya
clan, I prostrate go for refuge and make offerings.
Please bless me and inspire me to become like you!



<i>La-Ma</i>	<i>Ton-Pa</i>	<i>Chom-Dan-Day</i>	
<i>Day-Zhin</i>	<i>Sheg-Pa</i>	<i>Dra</i>	<i>Chom-Pa</i>
<i>Yang</i>	<i>Dag-Pa</i>	<i>Dzog-Pay</i>	<i>Sang-Gye</i>
<i>Pal-Gyal-Wa</i>	<i>Shakya</i>	<i>Tup-Pa-La</i>	
<i>Chag</i>	<i>Tsal-Ching</i>	<i>Kyap-Su-Chi-Wo</i>	
<i>Cho-Do</i>	<i>Jin-Gyi</i>	<i>Lap-Tu-Sol</i>	

Mantra Recitation and Visualization

Tayatha Om Muni Muni Maha Muni Ye Soha. (x 7)

Om Muni Muni Maha Muni Ye Soha (x 21 or 108)

Golden rays from the Buddha enter into all sentient beings and oneself.

Everyone feel happiness, relief and liberation as negativity, obscurations, bad karma and spirit harms are purified.

Requesting Inspiration

Glorious and precious Root Guru, sit upon the lotus and moon seat on my crown. Guiding me with your great kindness, bestow upon me the attainments of your body, speech and mind

<i>Pal-Den</i>	<i>Tsa-Way</i>	<i>La-Ma</i>	<i>Rin-Po</i>	<i>Che</i>
<i>Dag-Gi</i>	<i>Chi-Wor</i>	<i>Pay-Day</i>	<i>Teng-Zhug</i>	<i>La</i>
<i>Ka-Drin</i>	<i>Chen-Po</i>	<i>Go-Nay</i>	<i>Je-Zung</i>	<i>Te</i>
<i>Ku-Sung</i>	<i>Tug-Kyi</i>	<i>Ngo-Drub</i>	<i>Tsal-Du</i>	<i>Sol</i>



Buddha, unequalled teacher and guide; Venerable protector Maitreya, his successor; Superior Asanga, prophesised by Buddha, to you three Buddhas and bodhisattvas I make request

<i>Dren-Pa</i>	<i>Nyam-May</i>	<i>Ton-Pa</i>	<i>Chom-Den</i>	<i>Day</i>
<i>Gyal-Tsab</i>	<i>Dam-Pa</i>	<i>Je-Tsun</i>	<i>Mi-Pam</i>	<i>Gon</i>
<i>Gyal-Way</i>	<i>Lung-Ten</i>	<i>Pag-Pa</i>	<i>Tog-May</i>	<i>Zhab</i>
<i>Sang-Gye</i>	<i>Jang-Sem</i>	<i>Sum-La</i>	<i>Sol-Wa</i>	<i>Deb</i>

Serlingpa, who found the heart of Bodhi; Atisha, upholder of the great vehicle; Drom Rinpoche, elucidator of the good path; to you three pillars of the doctrine I make request

<i>Jang-Chub</i>	<i>Tug-La</i>	<i>Nga-Nye</i>	<i>Ser-Ling</i>	<i>Pa</i>
<i>Shing-Ta</i>	<i>Chen-Po</i>	<i>Sol-Dzin</i>	<i>Mar-May</i>	<i>Dzay</i>
<i>Lam-Zang</i>	<i>Sel-Dzay</i>	<i>Ton-Pa</i>	<i>Rin-Po</i>	<i>Che</i>
<i>Ten-Pay</i>	<i>Sog-Shing</i>	<i>Sum-La</i>	<i>Sol-Wa</i>	<i>Deb</i>

Buddha, head of the Shakya clan, the foremost guide, peerless in expounding emptiness; Manjushri, embodiment of the Buddha's complete wisdom, exalted Nagarjuna, best of the Superiors who see the profound meaning, to you three crowning jewels of clear exposition I make request.

<i>Ma-Wa</i>	<i>Da-May</i>	<i>Dren-Chog</i>	<i>Shak-Yay</i>	<i>Tog</i>
<i>Gyal-Way</i>	<i>Kyen-Rab</i>	<i>Kun-Du</i>	<i>Jam-Pay</i>	<i>Yang</i>
<i>Zab-Mo</i>	<i>Don-Zig</i>	<i>Pag-Chog</i>	<i>Lu-Drub</i>	<i>Zhab</i>
<i>Ma-Way</i>	<i>Tsug-Gyen</i>	<i>Sum-La</i>	<i>Sol-Wa</i>	<i>Deb</i>



Atisha, upholder of this great vehicle, who sees the
profundity of dependent arising; Drom Rinpoche,
elucidator of this good path; to these two ornaments of
the world I make request

<i>Ten-Drel</i>	<i>Zab-Mo</i>	<i>Je-Shin</i>	<i>Zig-Pa</i>	<i>Yi</i>
<i>Shing-Ta</i>	<i>Chen-Po</i>	<i>Sol-Dzin</i>	<i>Mar-May</i>	<i>Dzay</i>
<i>Lam-Zang</i>	<i>Sol-Dzay</i>	<i>Ton-Pa</i>	<i>Rin-Po</i>	<i>Che</i>
<i>Dzam-Ling</i>	<i>Gyan-Gyur</i>	<i>Nyi-La</i>	<i>Sol-Wa</i>	<i>Deb</i>

Long Life Prayer for His Holiness Dalai Lama

In the land encircled by snowy mountains
You are the source of all happiness and good
All powerful Chenrezig, Tenzin Gyatso
Please remain until Samsara ends

<i>Gang-Ri</i>	<i>Ra-Wa</i>	<i>Kor-Way</i>	<i>Zhing-Kam</i>	<i>Dir</i>
<i>Pen-Dang</i>	<i>De-Wa</i>	<i>Ma-Lu</i>	<i>Jung-Way</i>	<i>Nay</i>
<i>Chen-Re-Zig Wang</i>		<i>Ten-Zin</i>	<i>Gya-Tso</i>	<i>Yi</i>
<i>Zhab-Pay</i>	<i>Si-Thay</i>	<i>Bar-Du</i>	<i>Ten-Gyur</i>	<i>Chig</i>



Long Life Prayer for Singha Thubten Namdrol Rinpoche

Om Svasti!

Like the countless light rays that radiate from the ruby mountain;

Exquisite Amitayus, Lord of Everlasting Life,
who captivates and one does not tire of seeing;
Whose essence is of infinite life, The nectar of
immortality;

Please instantly grant our Guru,
The Siddhi of Stable and Everlasting Life.

Om Svasti!

<i>Pad-Rab</i>	<i>Lhun-Poi</i>	<i>O-ser</i>	<i>Bum-Tro</i>	<i>Tar</i>
<i>Rab-Ze</i>	<i>Ta-Wai</i>	<i>Mi-Ngom</i>	<i>Tse-Pak</i>	<i>Me</i>
<i>Chi-Med</i>	<i>Du-Tsi</i>	<i>Bum-Gyi</i>	<i>Che-Chuk</i>	<i>Pa</i>
<i>Tak-Ten</i>	<i>Dro-Wai</i>	<i>Ngo-Po</i>	<i>Deng-Dhir</i>	<i>Tsol</i>

You are intelligent and skilful in upholding the traditions
Of Buddha;

Spreading the Holy Dharma through explanations
and practices;

In order to lead disciples onto the path to liberation;
You are the one who is an Unequaled Guide,
Please live a long and stable life.

<i>Gang-Lo</i>	<i><u>Thub-Pay</u></i>	<i>Ring-Lug</i>	<i>Zin-Khe</i>	<i>Pa</i>
<i>Shed-Dang</i>	<i><u>Drup-Pay</u></i>	<i><u>Ten-Pa</u></i>	<i>Pel-Wa</i>	<i>Dang</i>
<i>Dul-Ja</i>	<i><u>Nam-Drol</u></i>	<i>Lam-Du</i>	<i>God-Pa</i>	<i>La</i>
<i>Dren-Pay</i>	<i><u>Da-Dral</u></i>	<i>Chog-Tu</i>	<i>Shab-Ten</i>	<i>Shog</i>



I request respectfully, my Precious and Holy Guru, to
enjoy excellent health;

I request respectfully, my Precious and Holy Guru, to
live a long life;

I request respectfully, my Precious and Holy Guru,
That your Dharma activities spread and flourish far
and wide;

I request respectfully, my Precious and Holy Guru,
To bless me to be never separated from you.

<i>La-Ma</i>	<i>Ku-Kham</i>	<i>Sang-La</i>	<i>Sol-Wa</i>	<i>Deb</i>
<i>Chog-Tu</i>	<i>Ku-Tse</i>	<i>Ring-La</i>	<i>Sol-Wa</i>	<i>Deb</i>
<i>Trin-Lae</i>	<i>Dar-Shing</i>	<i>Gye-La</i>	<i>Sol-Wa</i>	<i>Deb</i>
<i>La-Ma</i>	<i>Dang-Dral</i>	<i>Wa-Med-Par</i>	<i>Jin-Gyi</i>	
<i>Lab-Tu-Sol</i>				

In all my future rebirths,
May I never be separated from my Perfect Guru;
May I enjoy the magnificent Dharma;
And by completing the qualities of the stages and path;
May I quickly attain the state of Vajradhara.

<i>Kye-Wa</i>	<i>Kun-Tu</i>	<i>Yang-Dag</i>	<i>La-Ma</i>	<i>Dang</i>
<i>Dral-Me</i>	<i>Cho-Kyi</i>	<i>Pal-La</i>	<i>Long-Cho</i>	<i>Ching</i>
<i>Sa-Dang</i>	<i>Lam-Gyi</i>	<i>Yon-Ten</i>	<i>Rab-Zog</i>	<i>Ne</i>
<u><i>Dor-Je</i></u>	<i>Chang-Gi</i>	<i>Go-Pang</i>	<i>Nyur-Thub</i>	<i>Shog</i>



Dedication

By this virtue may I quickly
Attain the state of Guru Buddha, and then
Lead every being without exception
To that very state!

<i>Ge-Wa</i>	<i>Di-Yi</i>	<i>Nyur-Du</i>	<i>Dag</i>
<i>La-Ma</i>	<i>Sang-Gye</i>	<i>Drup-Gyur</i>	<i>Ney</i>
<i>Dro-Wa</i>	<i>Chig-Kyang</i>	<i>Ma-Lue</i>	<i>Pa</i>
<i>Kye-Kyi</i>	<i>Sa-La</i>	<i>Go-Par</i>	<i>Shog</i>

May the most precious and Supreme Bodhicitta
awakening mind which has not been generated, now
be generated,
May the Precious Mind of Bodhicitta which has been
generated never decline, but always increase!

<i>Jang-Chub</i>	<i>Sem-Chog</i>	<i>Rin-Po</i>	<i>Che</i>
<i>Ma-Kye</i>	<i>Pa-Nam</i>	<i>Kye-Gyur</i>	<i>Chig</i>
<i>Kye-Pa</i>	<i>Nyam-Pa</i>	<i>Me-Par</i>	<i>Yang</i>
<i>Gong-Ne</i>	<i>Gong-Du</i>	<i>Pal-War</i>	<i>Shog</i>

By this virtue may all beings
Complete the heaps of merit and wisdom
Winning both the holy kayas
Which arise from merit and wisdom

<i>Ge-Wa</i>	<i>Di-Yi</i>	<i>Kye-Wo</i>	<i>Kun</i>
<i>So-Nam</i>	<i>Ye-She</i>	<i>Tsok-Dzok</i>	<i>Shing</i>
<i>So-Nam</i>	<i>Ye-She</i>	<i>La-Jung</i>	<i>Way</i>
<i>Dam-Pay</i>	<i>Ku-Nyi</i>	<i>Top-Par</i>	<i>Shog</i>



Long Vajrasattva Mantra

Om Bendza Satto Samaya

Manu Palaya

Bendza Satto Tenopa Tita

Dridho Me Bhawa

Sutto Kayo Me Bhawa

Supo Kayo Me Bhawa

Anurakto Me Bhawa

Sarwa Siddhi Me Prayatza

Sarwa Karma Sutza Me

Tzitam Shriyam Kuru Hung

Ha Ha Ha Ha Ho Bhagawan

Sarwa Tathagata Bendza Ma Me Muntza

Bendza Bhawa Maha Samaya Satto Ah Hung Phet

Migstema Prayer

Avalokiteshvara, great treasure of non-objectifying compassion;

Manjushri, powerful and stainless wisdom;

Vajrapani, destroyer of the multitude of maras,

Tsong Khapa, crown ornament of the learned ones in the snowland;

Losang Dragpa, I make request at your feet.

<i>Mig-May</i>	<i>Tser-Way</i>	<i>Ter-Chen</i>	<i>Chen-Re</i>	<i>Zig</i>
<i>Dri-May</i>	<i>Kyen-Pay</i>	<i>Wang-Po</i>	<i>Jam-Pel</i>	<i>Yang</i>
<i>Du-Pung</i>	<i>Ma-Lu</i>	<i>Jom-Dza</i>	<i>Sang-Way</i>	<i>Dak</i>
<i>Gang-Chen</i>	<i>Kay-Pay</i>	<i>Tsug-Kyen</i>	<i>Tsong-Kha</i>	<i>Pa</i>
<i>Lo-Zang</i>	<i>Drag-Pay</i>	<i>Zhab-La</i>	<i>Sol-Wa</i>	<i>Deb</i>

~ May all be Auspicious! ~



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